

EU Update January 2026

European Council

The European Council met on [18 December](#) in Brussels. Member States leaders adopted [Conclusions](#) on **Ukraine**, the **Middle East**, European **defence and security**, the **next Multiannual Financial Framework, enlargement and reforms**, and other items.

Council of the EU

The Foreign Affairs Council (FAC) [met on 1 December](#) in Brussels, and informally on [10-11 December](#) in Lviv to discuss EU military support to Ukraine. During the FAC meeting on [15 December](#), Council conclusions on [non-proliferation of nuclear weapons](#) were adopted.

In December, the Council also updated or extended **sanctions** relating to the [Russian shadow fleet](#), [Russian hybrid threats](#), [Belarus](#), [Haiti](#) and [Venezuela](#).

At the General Affairs Council (GAC) meeting on [16 December](#), Member States representatives adopted Conclusions on [Enlargement](#).

The FAC also met on [29 January](#). EU foreign affairs ministers discussed the **Russian aggression against Ukraine**, the **Middle East**, and the **Great Lakes region**. They also updated sanctions relating to [Russian hybrid threats](#), [Iran](#), and [Sudan](#).

In January, the Council also approved [assistance measures to Armenia](#) in the framework of the European Peace Facility.

European Commission

In January the European Commission announced that the [humanitarian aid budget for 2026](#) will be €1.9 billion. It also announced the allocation of a €60 million humanitarian aid package for [Myanmar and neighbouring countries](#), and €153 million for [Ukraine and Moldova](#).

European Parliament

The European Parliament held plenary sessions on 15-18 December and 19-22 January in Strasbourg. MEPs adopted resolutions *inter alia* on the **ReArm Europe Plan**, human rights in **Azerbaijan** and **Nigeria**, the situation in **Guinea-Bissau**, **humanitarian aid in a time of polycrisis**, and **Iran**.

All texts adopted are available [here](#).